

Anson County Parks and Recreation  
Youth Basketball  
**Operations**



**Purpose**

- To develop and continue a successful basketball program in Anson County
- To encourage fair play, good sportsmanship, and teamwork in participants, including, but not limited to, players, coaches and parents.
- To establish an environment that welcomes community involvement, which is essential to ensuring the long-term success of the youth basketball program.

I. The Ball

A. GRADES

1. K-2: Junior Size Ball
2. 3-6: 285

II. Games

A. QUARTERS

1. Grades K-4: There will be 4 (6) minute quarters.
2. Grades 5-6: There will be 4 (8) minute quarters.

B. SUBSTITUTIONS

1. All players shall play half of the first three quarters (clock will stop at the 3:00/4:00 mark depending on the Grade.)
2. Teams, which have, more than 10 players.
  - a. Must start the extra players at the beginning of the second quarter.
3. *Teams, which have, less than 10 players.*
  - a. *Must remove, the player(s) that played the entire first quarter, at the beginning of the second quarter.*

*Example: Team A has 9 players, 5 start the first Half of the 1<sup>st</sup> quarter and at substitution, 4 are removed and 4 players start the second half of the 1<sup>st</sup> quarter, that leaves one player in the entire 1<sup>st</sup> quarter. That player must be removed at the start of the second quarter.*

*Revision 2/1/02*

4. Fourth quarter will be substitute as the coach prefers ( all players shall play in this quarter, but coach shall sub as needed)

C. BASKET

1. Grades K-4 will play on eight (8') foot basket.
2. Grades 5-6 will play on regulation ten (10') basket.

D. TIMEOUTS

1. Grades K-4 will have three (3) time-outs per game.
2. Grades 5-6 will have three (3) time-outs per game (with one (1) additional time-out for over-time games).

E. OVERTIME

1. Grades K-4 shall have no overtime games.
2. Grades 5-6 shall have an extra three (3) minute overtime if needed.
3. No double overtime shall be played (if game remains tied after first overtime, than game shall be recorded as a tie).

F. DEFENSE:

- 1) Grades K - 4, no back-court pressure is allowed. No defensive pressure shall be allowed until the offensive team reaches 3-point arc. Each time the ball goes outside the arc, the defense must stop its pressure until the ball has re-entered the 3-point arc again. If pressure occurs, referee will stop play and inbound ball at the point of the infraction.  
Revision 1/04/05
- 2) Grades 5-6, full court pressure will be allowed until the point spread between the teams is 10 points or greater, the leading team will not be allowed to press till half court, until the point spread returns to 9 points or less between the two teams.  
Revision 11/18/02

G. RUNNING CLOCK

1. Clock will run at all times with the exception of (timeouts, free throws and injuries).
2. Grades 5 – 6: The clock will stop for basketball rules starting at the two-minute mark of the end of the fourth quarter.

H. HALF-TIME

1. Grades K-6, shall all have a five (5) minute half-time

I. FREE THROWS

1. Grades K-4
  - a. Will shoot free throws from the arc in the free throw lane.
  - b. Only fouls that occur while shooting will result in free throw shots. Revision 2/1/02
2. Grades 5-6
  - a. Will shoot free throws from the fifteen (15') foot regulation line.

J. TEAMS

1. A team may start play with no fewer than four (4) players. In the event that a team has three (3) or fewer players, both teams are to divide up players and scrimmage. Officials are required to call these games.
2. Team rosters must have a minimum of 8 players per team.

K. SCORE

1. Scheduled games for grades K-4, no total score will be kept. The score and the scoreboard will stay at 0 for the entire game.

L. COACH' S BOX

1. *Coaches must stay inside the 14' coach's box during the game. (Exceptions are halftime, timeouts, and injuries.) Violations will result in a technical foul. Revision 2/1/02*

### III. ELIGIBILITY

- A. No player shall be allowed to participate unless the following has been submitted to the Recreation Department.
  - 1. Completed registration form
  - 2. Registration fee

### IV. PRACTICES

- A. No practice shall last longer than 60 minutes.
- B. Water breaks are required at the end of each 30 minutes of practice.
- C. The Recreation department will schedule practices.
- D. Practices may be scheduled at other community facilities. The time of the practice must be different from the times on the practice schedule.

### V. UNIFORMS

- A. Anson County Recreation and sponsors will be responsible for providing jerseys.
- B. Players are responsible for shorts, shoes, etc.

### VI. POST SEASON AWARDS

- A. Anson County Parks and Recreation will not be responsible for providing post-season awards.

### VII. TEAM WORK

- A. Coaches remember this is recreation basketball; each team will have a player/players that will be more aggressive than some of the other players. We want to teach teamwork, keep all the players involved.

### VIII. FIGHTING

- A. Fighting will not be tolerated. There will be zero tolerance on fighting. Anyone fighting; regardless of who started it, will be suspended from the gymnasium for the entire season. This means do not retaliate. *Revision 1/28/03*

IX. COACHES

- A. ***There will be a maximum of 2 coaches per team.***
- B. ***Coaches can only coach one team.***
- C. ***All coaches must fill out an application in order to be eligible to coach. Revision 1/6/2014***
- D. ***Coach meetings are mandatory. Revision 1/9/2014***

IX. Players Coaches Spectators Code of Conduct

1. Coaches shall conduct themselves in an exemplary manner at all times, shall act in a sportsmanlike manner which is consistent with the purpose of our program.
2. No player or coach shall be guilty of objectionable displays of dissent at an official's decision.
3. No player or coach shall use verbal abuse upon any official, director or participant.
4. No player or coach shall be guilty of using unnecessarily rough tactics in the play of the game or tampering with the other teams' players.
5. No one shall discuss with an official the decision reached by such official except for the head coach.
6. No smoking or profanity is allowed by coaches and players.
7. No player or coach shall refuse to abide by an official's decision.
8. No player, coach, spectator shall be guilty of wearing sagging pants.

Violations of 1-8 will result in ejection from the facility. Repeated violations will result in suspension for the remainder of the season.

The Anson County Recreation Commission Board Members and Anson County Parks and Recreation Department have approved the player and coaches code of conduct.

I have read and understood the rules and the code of conduct. I understand that not following the rules and the code of conduct shall be detrimental to recreational youth programs. I shall adhere to these rules and the Code of Conduct. At anytime that I do not follow Anson County Parks and Recreation's program rules or code of conduct rules, I understand that my status as coach shall be relinquished at will.

Signature \_\_\_\_\_ Date \_\_\_\_\_