

Anson County Parks and Recreation  
High Rec Basketball  
**Operations**



**Purpose**

- To develop and continue a successful basketball program in Anson County
- To encourage fair play, good sportsmanship, and teamwork in participants, including, but not limited to, players, coaches and parents.
- To establish an environment that welcomes community involvement, which is essential to ensuring the long-term success of the high rec basketball program.

- I. The Ball
  - A. GRADES
    - 1. 10 - 12 Regulation
  
- II. Games
  - A. QUARTERS
    - 1. Grades 10 - 12: There will be 4 (8) minute quarters.
  
  - B. SUBSTITUTIONS
    - 1. All players will play in every ball game.
    - 2. Coaches will use common sense in substitutions.
    - 3. Players will be substituted as the coach prefers (all players shall play, but coach shall sub as needed)
  
  - C. BASKET
    - 1. Grades 10 - 12 will play on regulation ten (10') basket.
  
  - D. TIMEOUTS
    - 1. Grades 10 - 12 will have three (3) time-outs per game ( with one (1) additional time-out for over-time games).
  
  - E. OVERTIME
    - 1. Grades 10 - 12 shall have an extra three (3) minute overtime if needed.
    - 2. No double overtime shall be played ( if game remains tied after first overtime, than game shall be recorded as a tie).
  
  - F. DEFENSE:
    - 1. Grades 10 - 12, full court pressure will be allowed.

G. RUNNING CLOCK

1. Clock will run at all times with the exception of (timeouts, free throws and injuries).
2. Grades 10 - 12: The clock will stop for basketball rules starting at the two-minute mark of the end of the fourth quarter.

H. HALF-TIME

1. Grades 10 - 12, shall all have a five (5) minute half-time

I. FREE THROWS

1. Grades 10 - 12
  - a. Will shoot free throws from the fifteen (15') foot regulation line.

J. TEAMS

1. A team may start play with no fewer than four (4) players. In the event that a team has three (3) or fewer players, both teams are to divide up players and scrimmage. Officials are required to call these games.

K. COACH' S BOX

1. Coaches must stay inside the 14' coach's box during the game. (Exceptions are halftime, timeouts, and injuries.) Violations will result in a technical foul.  
Revision 2/1/02

L. APPEARANCE

1. *Players shall be dress appropriately which includes, but is not limited to shirts tuck in and no headbands. Revision 12/22/05*

III. ELIGIBILITY

- A. No player shall be allowed to participate unless the following has been submitted to the Recreation Department.
  - 1. Completed registration form
  - 2. Registration fee

IV. PRACTICES

- A. No practice shall last longer than 60 minutes.
- B. Water breaks are required at the end of each 30 minutes of practice.
- C. The Recreation department will schedule practices.
- D. Practices may be scheduled at other community facilities. The time of the practice must be different from the times on the practice schedule.

V. UNIFORMS

- A. Anson County Recreation and sponsors will be responsible for providing jerseys.
- B. Players are responsible for shorts, shoes, etc.

VI. POST SEASON AWARDS

- A. Anson County Parks and Recreation will not be responsible for providing post-season awards.

VII. TEAM WORK

- A. Coaches remember this is recreation basketball; each team will have a player/players that will be more aggressive than some of the other players. We want to teach teamwork, keep all the players involved.

VIII. FIGHTING

- A. Fighting will not be tolerated. There will be zero tolerance on fighting. Anyone fighting; regardless of who started it, will be suspended from the gymnasium for the entire season. This means do not retaliate. *Revision 1/28/03*

IX. COACHES

- A. There will be a maximum of three coaches per team.
- B. Coaches can only coach one team.
- C. All coaches must fill out an application in order to be eligible to coach. Revision 10/01/04

## Players and Coaches Code of Conduct

1. No player or coach shall refuse to abide by an official's decision.
2. No player or coach shall be guilty of objectionable displays of dissent at an official's decision.
3. No player or coach shall use verbal abuse upon any official, gym personnel, director, participant, or spectator.
4. No player or coach shall be guilty of using unnecessarily rough tactics in the play of the game.
5. No smoking is allowed at indoor facility by coaches or players.
6. No player, coach or spectator shall use profanity upon any official, personnel, director, spectator or other players.
7. No player, coach or spectator shall taunt any official, personnel, director, spectator or other players.
8. **No player, coach or spectator shall touch any official, personnel, director, spectator or other coaches. This will result in suspension and a possible charge of assault will be taken.**

Violations of 1 - 8 will result in ejection from the game. The second violation will result in suspension for the remainder of the season. During suspension, you cannot attend your team's games either as a coach or a spectator.

The Players and Coaches Code of Conduct has been approved by Anson County Parks and Recreation Department, Anson County Recreation Commission and the Anson County Board of Commissioners.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Witness \_\_\_\_\_ Date \_\_\_\_\_